



## Music Therapy & Special Education

Clinical research has shown the positive effects music therapy interventions can have on the goals of children in the special education setting. Music therapy is a creative and motivating medium that can assist in reaching academic, social, and physical goals. Music therapists often work on goals stated on a child's Individualized Education Plan; customizing interventions that will assist in reaching their functional goals. Music therapists collect quantitative data in order to track a child's progress.

Music therapy can be beneficial to children who have:

- Learning Disabilities
- Developmental Disabilities
- Cerebral Palsy
- Attention Deficit Disorder
- Emotional/ Behavioral Disorders
- Autism Spectrum Disorders

Music therapy interventions can be used to reach:

- Communication Goals
- Motor Movement Goals
- Speech & Language Goals
- Behavioral Goals
- Cognitive & Academic Goals

### Music Therapy and the Individuals with Disabilities Act (IDEA)

Music therapy is considered a related services under the Individuals with Disabilities Education Act (IDEA). Music therapy can be listed as a related service intervention on a child's IEP when it is deemed necessary to aid the child in benefitting from special education.

For More Information Contact:

**Summit Music Therapy Services**

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